

SAFETY & HEALTH COMMITTEE EMPOWERMENT

COMPREHENSIVE TRAINING DESIGNED TO
PROVIDE OVERALL KNOWLEDGE AND SKILL
TO BE AN **EFFECTIVE** SAFETY & HEALTH
COMMITTEE MEMBER

COURSE MODULE



Module 1: OSH Management System

- Occupational Safety and Health
- Workplace Accidents
- OSH Management System
- Introduction to Behavior Based Safety
- Introduction to Process Safety

Module 2: S&H Committee

- Structure and Requirements
- S&H Committee

Module 3: Main Malaysia OSH Legal Requirements

- Occupational Safety and Health Act & Regulations.
- Factories and Machinery Act & Regulations.

Module 4: Hazard Identification, and Assessment of Risks and Opportunities

- Workplace Main Hazards
 - Chemical
 - Biological
 - Physical
 - Psychosocial
- Risk and Opportunities
- Hierarchy of Risk Control

Module 5: Competence, Training and Awareness

- Competency Management
- Training Management
- OSH Induction Program
- S&H Awareness Management
- Safe Work Procedure

Module 6: Accident Investigation

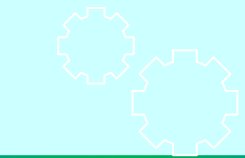
- Incidents – Near Miss, Accident & Emergency
- Accident Theories
- Accident Investigation & Reporting

Module 7: Safety & Health Audit and Inspection

- Inspection Methodology
- Inspection Checklists
- Inspection Reporting & Corrective Action

Module 8: Emergency Preparedness and Response

- Emergency Management System
- Written ERP
- EMT and ERT
- Emergency Management Equipment & Facilities



HRDF
CLAIMMABLE

DATE :
29 JANUARY 2019

TIME : 9am – 5pm

**VENUE : NOVOTEL
KUALA LUMPUR CITY
CENTRE**

RATE : RM 800 / PAX

Contact Us:

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MS. FARAH WAHIDA MOHD. RAZELAN

CONSULTANT ENGINEER

Ms. Farah is an accomplished Consultant, Trainer and Auditor in the area of Occupational Health, Safety, Environmental and Quality Management.

Ms. Farah academic qualification is a Degree in Chemical Engineering. She has been extensively trained locally as well as internationally in the area of Health, Safety, Environmental and Quality Management which includes areas such as risk management, overall workplace HSE Management, Risk Analysis, Chemical Process Safety, Hazardous Waste Management, Emergency Management System, quality improvement, waste reduction, process effectiveness and efficiency and many more.

Ms. Farah has been in the industry for 14 years and she has provided HSEQ consultancy services, training programs as well as auditing services for wide range of industries including Oil and Gas, Medical, Manufacturing, Construction, Healthcare, Hospitality, Automotive, Plantation, Food and Beverages, Electrical and Electronic and many more. She is a qualified ISO 9001, ISO 14001 and ISO 45001 auditor and PSMB Malaysia Approved Trainer.

Throughout her carrier, Ms. Farah has involved in many HSEQ related projects which include HSEQ Management System Set Up, Chemical Related Risk Assessment, HSEQ Risk Analysis, HSEQ Auditing and Inspection, and Emergency Management System Set Up and Implementation and industry specific total HSEQ system set up and improvement.

Ms. Farah is a part-time lecturer for NEBOSH, General Certificate in Occupational Safety and Health (UK), Member of Malaysian Industrial Hygiene Association and Member of the International Commission on Occupational Health. Ms. Farah is actively involved in national and international HSE related congress and seminar, where she gained extensive exposure, knowledge and experience to be shared during her training and consultancy sessions.

Among the main international congress attended are:

1. World Safety & Health Congress in Frankfurt, Germany (2014)
2. International Congress in Occupational Health in Seoul, Korea (2015)
3. APOSHO OSH Conference in New Delhi (2015)
4. International Congress and Trade Fair in Safety, Security and Health at Dusseldorf, Germany (2015 & 2017)
5. International Congress in Occupational Health in Dublin, Ireland (2018)

